

# The Broomhouse Centre

# 2015

Annual Report



## Our Mission Statement

We are here to provide personal, social and community development opportunities for all groups of people in the South West Neighbourhood Partnership Area.



"It's been another successful year"  
Marie Anderson, Centre Manager

## Centre Manager's Report

It's been another successful year for the organisation in securing the funding to maintain its 10 core projects, 20 staff, 5 consultants and over 100 volunteers. I am pleased to report that longer term funding has been

A star performance on STV television won the votes from the public for the 'Food for All' Café Training Project as a direct result of an application submitted to the Big Lottery Peoples Millions Programme for £48,000. The funding was for accredited training for young people from 16 to 25 years in catering, a youth café, meals delivered to older people in the community and food vouchers to be distributed through the Broomhouse Food Bank.

We are moving on to the next stage of the Dream Build now that planning permission has been received from the City of Edinburgh Council enabling the organisation to submit a 2nd stage funding application to the Big Lottery Growing Community Assets Programme for £1.2million. Fingers and toes are firmly crossed and we should hear by March 2016. In the meantime a fundraising strategy has been drawn up and approaches have already been made to a number of capital funders for guidance

received to further develop a few of the existing projects, i.e. Dementia day care, elderly befriending, young carers and the café training project. This funding is addressing an identified need for these valuable services.

and support with regards to their application process. A review of the organisations Business Plan has been completed incorporating a 5 year Strategic Plan, this was a good piece of work involving staff and the management committee facilitated by a consultant appointed by the Big Lottery Fund.

An extensive salary review was carried out last year by the organisation's human resource advisor who sent out questionnaires to a number of similar organisations for comparisons in relation to salaries, holidays, sickness and pension. There was a good return highlighting that the Broomhouse Centre is in line with other voluntary organisations in relation to salaries and holidays with a more generous pension scheme and not so generous sickness absence provision. New salary gradings having been designed and implemented.

## Future Plans 2016 : Exciting times ahead!

- Submission of a 2nd stage Big Lottery application to Growing Community Assets Programme for £1.2million as well as capital funding applications to various other private funders to secure the match funding
- Design a relocation plan for the year of the Dream Build construction
- Nurture the new partnership with LifeCare in relation to Vintage VIBES and further develop the partnership with Crossreach, Sunflower Garden in relation to youth befriending
- Purchase and install new catering equipment in line with food standards legislation
- Upgrading of the website to enable the Project Managers to continually review and update their website page
- Revisit the organisations branding in light of the new build.
- Continue researching for alternative longer term funding opportunities to maintain the core projects i.e. contracts and self directed support.

Throughout the years the organisation has received tremendous support from its volunteers involved in the projects and on the management committee. This report provides an opportunity to formally thank them for their long term commitment, loyalty, dedication and their valuable time.



# The Broomhouse Centre Annual Report

## The Broomhouse Young People's Counselling Service

The Young People's Counselling Service provides a service for 40 young people from 5-18 years old.

During the past year once again we have worked with over 40 young people. We continue to work mostly with secondary school pupils as there is alternative provision of therapeutic services in

Some of the feedback we received this year:

"Counselling has helped me overcome some fears with my confidence. School has been easier as I realised I could do things I thought I couldn't. Home has also been great as I could let my feelings go... Yeah, it's helped me understand why I felt the way I did and the ways I could stop it"

the area for pre-school and primary aged children. This year has seen an increased demand for counselling within one of our local schools which resulted in a negotiation to provide more sessions.

During this past year our project has been funded by R S Macdonald and the Robertson Trust.

"Thank you so much for your help and work with my son. It really helped him overcome that painful experience. As a mum I don't have words to express my gratitude towards you."

## The Broomhouse & Sighthill Community Health Hub

This partnership project is between **The Broomhouse Centre** and the **Broomhouse Health Strategy Group**

This project aims to work closely with the community to identify health needs and to improve the health and wellbeing of local people in partnership with other agencies.

The project offers a range of services including:

- Health Drop-Ins - Information services and referral
- Physical Activity Groups - Adult Walking Group, Buggy walking groups, Chair (seated) Exercises and Women's Aerobics
- Time Bank and Volunteering opportunities
- Two venues (Drop in/or make an appointment to see us at The Broomhouse Centre or the Broomhouse Health Strategy Group).



## Broomhouse Young Carers

### New Developments

This year we have supported up to 60 Young Carers in South West Edinburgh to receive respite and one to one support from their caring role through our evening groups, 1:1 support work and Annual residentials for all age groups.

We have received funding from Comic Relief for a specific 16 plus Young Adult Carers group and funding from Creative breaks and Bank of Scotland to be able to continue the valuable and essential work our Project carries out for Young Carers in South West Edinburgh.

### Highlights

#### The Roses Residential to Mull June 2015



## Beacon Club

### Day Care for older people living with dementia

Last year's report featured the launch of our new Wednesday service, held in St Margaret's Court, in Juniper Green. This development has been a huge success with 10 members benefitting from attending, each week. The Tuesday and Thursday groups continue to go from strength to strength.

For both members and their carers the club is a lifeline, it enables them to meet others, provides regular support and respite and helps reduce social isolation. Members comments include:

"I really enjoy coming to the club; it's the highlight of my week."

"If I was at home I would just be looking at four walls."



Outings still prove popular with visits to various venues such as the Portrait Gallery, The Rockville Hotel, trips on the Ratho Barge, a historical guided trip round Arthur Seat conducted by a Park Ranger, and a visit to the Living Memory Association.

Finally, we would not be able to provide the level of service to our members without the valuable support of our volunteer team. A huge thanks to them all.

## Adult Carers

The Adult Carers Support Service continues to receive funding from NHS Lothian. The service is kept busy with referrals from the National Health Service as well as people coming along through word of mouth.

This year the carers have had their usual trips out on the Ratho Barge provided by the Seagull Trust, and a tapas night where they all enjoyed making Spanish delights - this was very popular so we're hoping to do a Christmas themed one too.



## The Broomhouse Café Training Project

The Café Training project provides café training and education for up to 30 trainees per year. Each trainee has the opportunity to gain accredited qualifications through REHIS and Borders College. Training can be one to one or tailored to each individual or group sessions.

The Broomhouse centre Café Training Project primarily works with young people with learning difficulties, young offenders, long term unemployed, vulnerable adults and people with mental health issues. We provide work experience placements and work closely with the local schools providing placements for pupils. The aim of the project is to provide training and support so that each individual reaches their individual potential building confidence and self-esteem thus ensuring that each person grows closer to the job market.

The café is the hub of the community providing breakfast and lunch for local groups, a daily lunch club, and for other service users in TBC. The local community support the café and our annual street party was a huge success opening new doors within the community and gaining new customers. The café has a Healthy Living Award serving wholesome meals and snacks as well as a daily salad bar.



## Carers Clinic

The clinic is for anyone caring for a loved one with chronic health problems or disabilities. Carers can sometimes be left feeling alone and isolated and their social life can also be affected. This can increase stress levels and heighten the risk of ill health.

The clinic allows each person to have 6 sessions of two hours for reflexology and relaxation therapy. Relaxation techniques are taught to enable the carers to help themselves, therefore reducing stress levels and improving health. The sessions also include blood pressure monitoring, stress assessment and a friendly ear.

**We take referrals from Adult Carers, The Beacon Club, Elderly Befriending as well as self-referral.**

## Crescent Kitchen: Great food for a great cause

Crescent Kitchen is a catering social enterprise that delivers excellent food to charities and businesses throughout Edinburgh and the Lothians with profits raised re-invested back in to the charity.

We cater for all types of events including business lunches, training days network meetings and celebrations to name a few.

We are competitive, offering delicious food at realistic prices - that's what brings our clients back for more.

## Vintage VIBES

This is a new and exciting project in partnership with LifeCare, Edinburgh. It will further develop the existing Elderly Befriending project from a home visiting service for 20 people over 60 in South West Edinburgh to a city wide project providing visiting at home, befriending outwith the home, friendship pools, hospital visiting, pets and family visiting for 100 people over 60 years of age.

Part funding was recently received from the Big Lottery, 21st Century Programme for 4 years. There are 3 full-time posts: a Marketing & Communications Officer and 2 Co-ordinators, one based in Broomhouse and the other in Stockbridge with LifeCare, Edinburgh.

The aim of the project is to reduce loneliness and isolation, increase social contact and improve the health and well-being of the beneficiaries.

## Broomhouse Youth Befriending Project

The Broomhouse Centre's Youth Befriending project, CrossReach and Sunflower Garden, joined forces in April 2013 to become 'The Befriending Consortium'. This exciting partnership provides a befriending service across East and West Edinburgh to 60 young people aged 5-16 years who are affected by their parental drugs and alcohol use.

It has been another exciting year in the Befriending Consortium as we secured our 3rd year of funding from Lloyds TSB PDI and R S McDonald. This has helped us to provide support to 18 children and young people in West Edinburgh in the last year to improve their resilience, engagement within education, and their social skills and networks.

Some of the young people have commented that 'My befriender is like an angel in disguise' and when we asked parents how the service might be improved one commented 'How can you improve on perfection!'

The project has received a steady stream of referrals over the last year which has resulted in many young people having a lengthy wait. Due to this lengthy wait, two waiting list intervention groups were established after the initial trial last year and these have proved to be very successful.

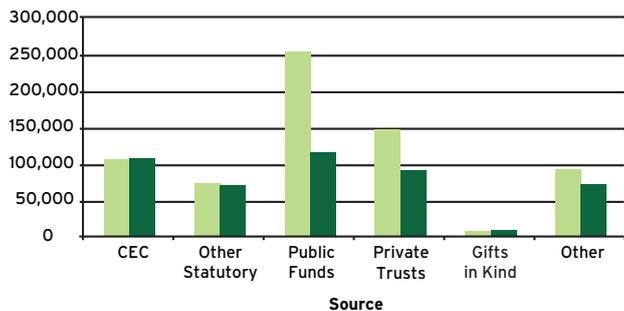
Youth Befriending also participated in its first residential for young people who struggle to get time to themselves due to their chaotic life styles. This was very successful and it is hoped that in the future that this will become a permanent fixture for befriending.



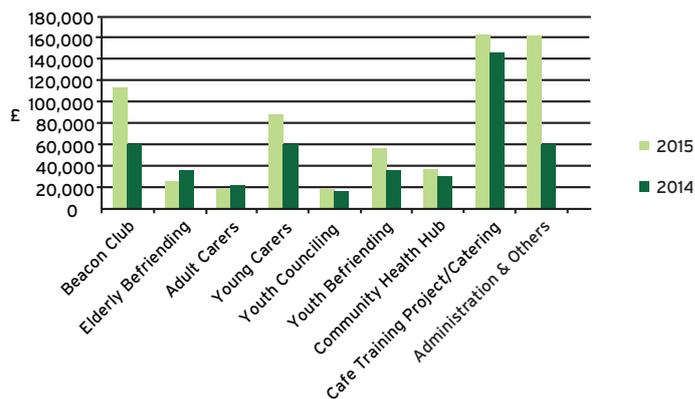
## Funders List 2014

- Age Scotland
- AMW Charitable Trust
- Bank of Scotland Foundation
- BBC Children In Need
- Big Lottery Fund
- Capital City Partnership
- Christina Mary Hendrie Trust
- City of Edinburgh Council
- Comic Relief
- Community Jobs Scotland
- Edinburgh Alcohol & Drugs Partnership
- Esmee Fairbairn Trust
- Lloyds TSB
- NHS Lothian
- People's Millions
- The Robertson Trust
- R S Macdonald Charitable Trust
- Scottish Government - Autism Fund
- Shared Care Scotland
- St James's Place Foundation
- The Tudor Trust
- Steel Trust

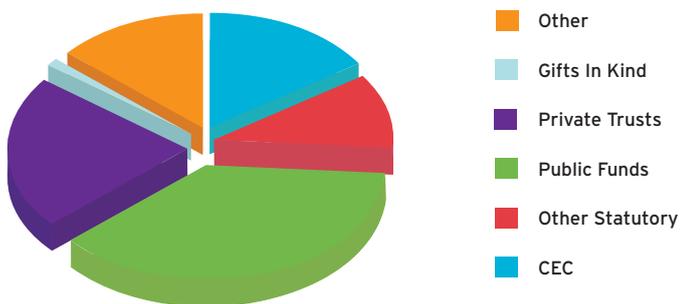
## 2014 vs 2015 (by source)



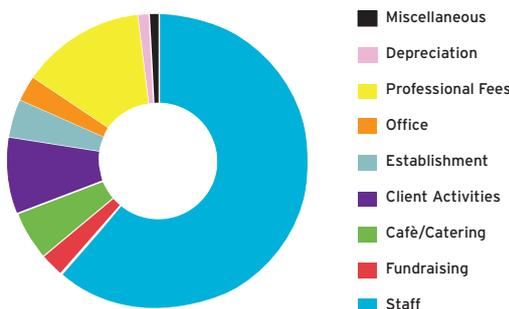
## Funding by Project (2015 vs 2014)



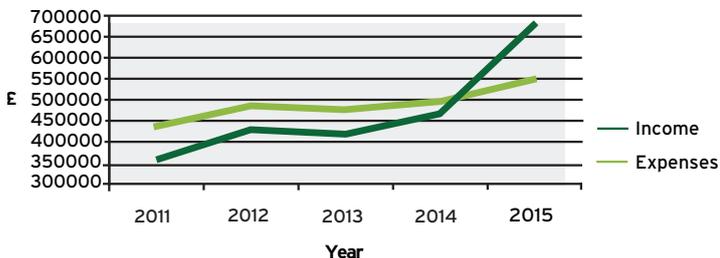
## 2015 Funding Resources



## How were 2015 resources spent?



## 5 Year Income & Expenditure Trend (2010 - 2014)



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Registered Scottish Charity No: SC003706 A company limited by guarantee No 320027

These statistics are derived from the full audited accounts, which are available from the Registered office at 79/89 Broomhouse Crescent, Edinburgh EH11 3RH. The full accounts will be lodged with the Register of Companies.